

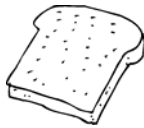
Name _____

Eat Smart with MyPlate for Kids

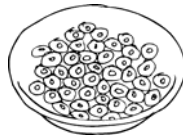
Draw a **circle** around the foods that are in the Grain Group.



String Cheese



Whole Wheat Bread



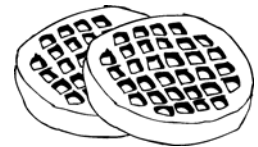
Cereal



Pretzels



Soda Pop



Waffles

Draw a **rectangle** around the foods that are in the Vegetable Group.



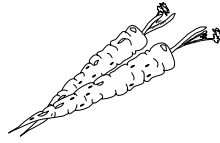
Grapes



Mushrooms



Broccoli



Carrots



Cupcake



Celery

Draw a **square** around the foods that are in the Fruit Group.



Apple



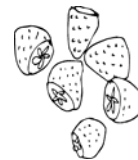
Orange Juice



Popcorn



Banana



Strawberries



French Fries

Draw a **triangle** around the foods that are in the Dairy Group.



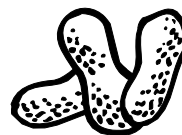
Baked Potato



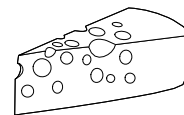
Milk



Yogurt



Peanuts



Cheese



Raisins

Draw an **oval** around the foods that are in the Protein Group.



Egg



Steak



Chicken



Applesauce



Peanut butter



Cookies